

KIDS ACTIVITIES

Sunday 5th July 2020
When your load is heavy

READ

Then Jesus said, “I thank you, Father, Lord of heaven and earth. I praise you because you have hidden these things from the people who are wise and smart. But you have shown them to those who are like little children. Yes, Father, this is what you really wanted. “My Father has given me all things.

No one knows the Son—only the Father knows the Son. And no one knows the Father—only the Son knows the Father. And the only people who will know about the Father are those whom the Son chooses to tell. “Come to me, all of you who are tired and have heavy loads. I will give you rest. Accept my work and learn from me. I am gentle and humble in spirit. And you will find rest for your souls. The work that I ask you to accept is easy. The load I give you to carry is not heavy.

Matthew 11:25-30



Some of you may have some difficult situations to carry in life. Maybe you have a relative or friend who is poorly or you may be finding lockdown a challenge. I don't know what the burdens are that you have in your life, but I do know that there are some that you just can't handle by yourself. Well, guess what? You don't have to!

Jesus said "Come to me all of you who are tired and have heavy loads. I will give you rest"

There is no reason for you to struggle with burdens that are too heavy for you. God's Word is full of promises to help us in times of trouble.

Does that mean that if we will ask him, God will take all of our troubles away? No, but he will help us. In fact, some of our struggles may help us to grow and become stronger. They may also help us to learn to trust in Jesus. But when the load is too heavy, he will help us to carry it -- and there is no burden that is too heavy for Jesus.

Pray

Dear Father,
We are thankful that when we struggle under the load of life's burdens, you are there to help us carry the load.

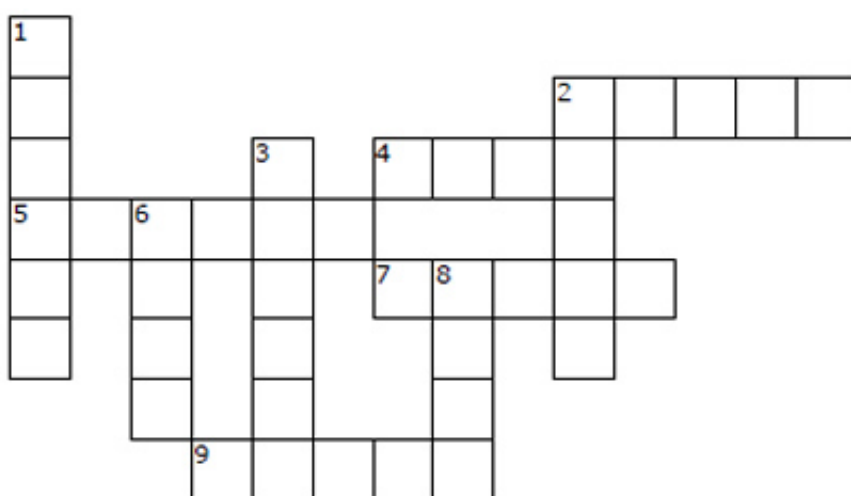
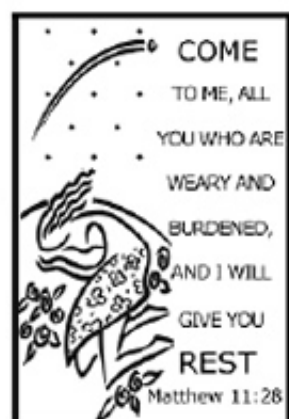
In Jesus' name we pray.

Amen.

Rest for the Weary

"For my yoke is easy and my burden is light." Matthew 11:30 (NIV)

Based on Matthew 11:28-30 (NIV)



ACROSS

2. Not heavy
4. The opposite of go
5. A heavy load that you carry
7. The place within a person where their feelings or emotions are
9. Very tired, especially after working hard for a long time

DOWN

1. Not proud or not believing that you are important
2. To get knowledge or skill about a subject
3. Calm, kind or soft; not violent
6. Stop and relax to regain your strength
8. Not difficult

WEARY	HUMBLE	EASY	BURDEN	REST
COME	HEART	LIGHT	GENTLE	LEARN

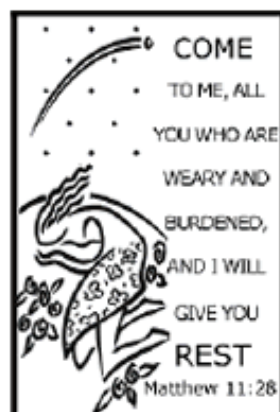


Thank you, God, for helping me.

Rest for the Weary

"For my yoke is easy and my burden is light." Matthew 11:30 (NIV)

Each number represents a letter of the alphabet. Substitute the correct letter for the numbers to reveal the coded words.



1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26
K	Z	X	M	D	B	Y	R	S	T	H	E	U	P	I	Q	A	C	N	W	V	J	O	F	L	G

- 25-12-17-8-19 _____
- 25-15-26-11-10 _____
- 11-13-4-6-25-12 _____
- 8-12-9-10 _____
- 20-12-17-8-7 _____
- 12-17-9-7 _____
- 26-12-19-10-25-12 _____
- 7-23-1-12 _____
- 18-23-4-12 _____
- 6-13-8-5-12-19 _____

EASY	YOKE	COME	HUMBLE	GENTLE
BURDEN	LIGHT	LEARN	WEARY	REST